



PSU RESLIFE PRESENTS

LET'S TALK ABOUT WELLNESS

Monday December 3rd at 7 PM - 8 PM

*COME TALK TO CA KENNEDY ABOUT
THE BLAIR FITNESS FACILITY, THE
IMPORTANT CONNECTION BETWEEN
MIND AND BODY AS WELL AS GET
SOME FITNESS TIPS!*

For more information or questions please contact CA
Kennedy at kjm1022@plymouth.edu!

Hope to see you there! :)